



192D TACTICAL FIGHTER GROUP

VANGUARD

VIRGINIA AIR NATIONAL GUARD



29th Year, No. 4

Byrd IAP, Sandston, Virginia

April 1985

What is it all about?

By: CPT John Murray

Reprinted from En Garde, January 1985

During the early hours of December 3, 1984, the people of Bhopal, India, and three nearby villages slept while what has been described as the largest single industrial disaster was about to occur. As they slept, pressurized transmission lines used to transport methyl isocyanate, at a nearby pesticide production plant, burst, spewing tons of methyl isocyanate vapors into the atmosphere.

As a result of that accident and the resulting downwind drift of the toxic chemical vapors, an estimated 2,000 persons died in the surrounding countryside. Methyl isocyanate is one of the many chemical compounds in the cyanide family. Hydrogen cyanide, a chemical warfare blood agent, is also a member of that chemical family of compounds.

This tragic even should serve as a graphic reminder of just how effective chemicals can be when they are released and unprepared and unprotected people are downwind. What would the effect be if a SCUD (a Soviet missile) carrying 2,000 pounds of cyanogen chlorate mixed with liquid Soman, detonated two miles upwind of a base in a High Threat Area? That is what the Chemical Warfare Defense program is all about - to prepare you and to equip you with the equipment you need to protect yourself and to increase your chances of survival in a toxic combat environment.

MISSION

The Air Guard needs you, the supervisor, to make our mission successful, year after year. By continuing to remind your Guard members of how important their patriotic contribution really is.



KEEP GUARDING AMERICA'S SKIES.



9th Air Force to evaluate unit's readiness

An evaluation team from 9AF will conduct an Operational Readiness Inspection (ORI) scheduled to begin Saturday, 20 April, which will review every aspect of the unit's capability to meet its wartime tasking. The cooperation of every individual along with the many mobility exercises should provide a favorable overall performance rating. The following information will be helpful in attaining our goal.

UNIFORM -

Mandatory uniform for Savannah will be the long sleeve subdued utility uniform. This uniform is required for all personnel except aircrews authorized the flight suit. In addition, the long sleeve subdued utility uniform is mandatory at Byrd Field for all personnel working, processing, and flying on military aircraft.

MOBILITY SUPPORT SECTIONS:

If you are working at Byrd Field on Saturday and Sunday in support of Mobility and are scheduled to drive to Savannah, you will be released by your Mobility Section Supervisor to report to Savannah NLT 1700 hours the day after release.

MOBILITY PROCESSING -

Reporting time, Saturday, 20 April, will be 0530 at Byrd Field.

Report to the Squadron Orderly Room (Unit Processing Center), ready for processing. Be sure you have a current ID Card; Dog Tags (which will be issued to you in the orderly room); and that your shots and personnel records are up-to-date.

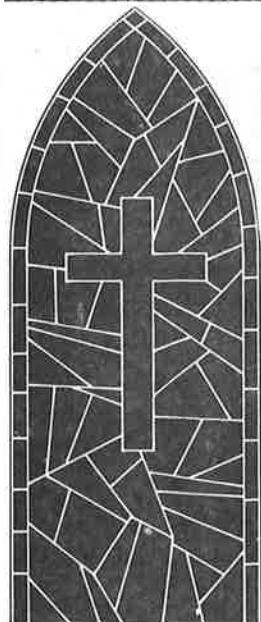
When you leave the Unit Processing Center to begin processing, make sure you know:

- Who your interim troop commander is.
- Your individual mobility processing number.
- The flight number you are scheduled to depart on.
- That you have two properly completed baggage tags. One for the "A/C" bag and the second set of tags for your simulated personal bag.

MEALS:

The dining hall will be open in Richmond on 20 April. The dining hall at Savannah will open with lunch on 20 April. Enlisted personnel reporting to Byrd Field will be paid BAS for Sunday.

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SUNDAY

General
Protestant

0730

Mormon
0915

Catholic Mass
1300

ORI

continued from page 1

CHECK-IN AT SAVANNAH:

Everyone reporting to Savannah must process thru Bldg 337 (Hq Bldg) for barracks assignment and linen issue. If you plan to stay off base, you must still process upon arrival for payroll accountability.

If you are flying to Savannah your orderly room will have a copy of the passenger manifest showing departure times.

1985 June Harvest of Help

In our continuing efforts to aid the Richmond community, the Virginia Air National Guard will, once again, launch its food collection campaign beginning with the 9 March UTA. As in the past, we are asking each member to bring at least one can of food and deposit it in the receptacles placed in the unit orderly rooms. If we could reach this goal, we could contribute approximately 38 cases of food to the Salvation Army.

Let's make this year's campaign as successful as last year. Place that can of food beside your hat now!

Enlisted Advisors Report

By CMS Dave Lutz

Senior Enlisted Advisor

When a unit commander hears few complaints or criticisms, he can assume that morale is good and unit operations are smooth. This is a true statement only when all lines of communication are in place and open. As enlisted personnel, one of your primary lines of communication is the Enlisted Advisory Council. Through your council representatives, your ideas and complaints can be channelled as high as necessary to effect some action.

The effectiveness of the Enlisted Advisory Council hinges on two primary points:

1. That enlisted personnel know who their squadron representatives to the council are and carry their ideas and complaints to them.
2. That the squadron representatives attend all council meetings and voice the feelings of those they represent.

Do you know who your council representatives are by name and on sight? Do you carry your ideas, complaints, and criticisms to them to effect some action? Are your representatives attending all of the council meetings?

If you answer "no" to any of these questions, your primary communication line has been broken. As a result, those in command may think "all is well," the enlisted personnel may think, "no one gives a damn," and the Senior Enlisted Advisor has lost his "eyes and ears."

Our next Enlisted Advisory Council meeting is scheduled for the May UTA. Since this is to be both business and a reorganization meeting, all primary representatives and their alternates are asked to attend. We plan to have photos taken for later posting in the squadrons as representative identification for those they represent.

Your representatives to the Enlisted Advisory Council are:

CAMRON

Ed Southard
Robert Wheeler
Terry Eacho

CSS

Robert Lamb
Mary Ruth Halapatz

CLINIC

Harold Everett
James Jackson

RMS

Milton Hathaway
Robert Curtis

COM FLT

Ernest Washington
Judith Brandon

CE

Reginald Patterson
Charles Washington

149 TFS

Larry Lugo

192 TFG

Sheryl Clark

WSSF

Wayne Phillips

HQ

Raymond McGhee

These people are your "voice," talk to them! Help keep a great unit great.



WE'RE FIGHTING FOR
YOUR LIFE

American Heart
Association



The VANGUARD is an official monthly newspaper published by and for the personnel of the 192d Tactical Fighter Group, Virginia Air National Guard, Byrd IAP, Sandston, Virginia. The opinions expressed herein do not necessarily represent those of the Adjutant General of Virginia or the Virginia Air National Guard.

COMMANDER:

COL Hartwell F. Coke, IV

EDITOR:

MSG Michael R. Woody

ADVISOR:

MAJ Lawrence M. Fuccella

CHIEF OF PUBLIC AFFAIRS:

MAJ Francis J. McNally

PHOTOGRAPHER:

SSG Dean A. Covey

STAFF:

TSG Robert N. Lamb, Jr.

SGT Mary A. Pijanowski

1985 Assistance Fund drive gets underway

The 1985 Air Force Assistance Fund (AFAF) Campaign kicked off during the March UTA with selection of the Squadron Project Officers who will, in turn, select and train AFAF "Key-workers" who will actually collect contributions for the fund. The fund benefits three non-profit, charitable organizations serving both the active and reserve Air Force communities.

"This annual drive provides an avenue for the Air Force to help less fortunate members of our Air Force family," said MAJ Bud Orndorff, Director of the 1985 money-raising campaign.

"The money goes to three Air Force affiliates -- the Air Force Enlisted Men's Widows and Dependents Home Foundation, Air Force Village and the Air Force Aid Society. The Widows and Dependents Home Foundation and Air Force Village are retirement communities where members of the Air Force family can find a peaceful and pleasant residence in their retired years, living comfortably near others of similar background," MAJ Orndorff said.

The Air Force Aid Society has provided extensive support to members of the Air National Guard through its sponsorship of educational loan programs, he said. Recent figures from a random sample show that almost 15 percent of George S. Brown loans were approved for Air National Guard members and their spouses and nearly 4 percent of Henry H. Arnold loans were approved for ANG members and children of members.

A complete description of the three non-tax funded charities supported by the AFAF is available from fund keyworkers.

The permanent theme of this annual campaign is "Commitment to Caring." Collection of donations for the fund will begin during the April UTA's.

FOR THEIR SAKE...



BUCKLE UP



Virginia Chamber Days at Busch Gardens

The Virginia Chamber and Busch Gardens are pleased to announce the Fourth Annual Virginia Chamber Days at Busch Gardens. Busch Gardens has provided \$5.00 off discount coupons for you and your family for park visits on Saturdays and Sundays in April (and Easter Monday, April 8). This special \$9.95 ticket (regular admission is \$14.95), includes admission to all park rides, regularly scheduled shows and attractions.

Another new attraction this year will be a dazzling new ice show in England's Globe Theatre: "American on Ice, a Tribute to Scott Hamilton."

Busch Gardens will also host the popular country singers, Ronnie Milsap and Reba McEntire in a special concert on April 28th. Shows will be at 2:00 p.m. and 5:00 p.m. Tickets for the concert are \$3.00.

The discount coupons may be picked up from MSG John Rollings, Room 24, O&T Bldg, Ext. 436.

Help wanted

The P MEC has a continuing requirement for individuals in the following career fields to perform AFT at the P MEC McGhee Tyson, Knoxville, TN, in AFSC's 702X0 and 231XX (audiovisual and graphics). Request units be screened for personnel in these career fields who volunteer to perform annual training, utilizing home unit resources. Personnel in the administrative career field should be a capable typist. Meals and quarters will be provided on base. Units must support travel and per diem expenses for individuals being trained. Contact at the P MEC is MAJ Paul Goldman, AV 588-8293.

NEWS BRIEFS

PROMOTIONS

This is a reminder that all Deserving Airmen Promotions requests to the grades of E-6/E-7 must be submitted to the CBPO NLT 1 August 1985. Any requests received after that date will not be accepted. Deserving Airmen Promotion requests to the grade of E-5 may be submitted monthly IAW ANGR 39-29. If you have any questions concerning promotions, please contact SMS Norman or TSG Brown, CBPO, Ext. 381/310.

The CBPO is currently accepting applications from individuals who are interested in obtaining an Undergraduate Pilot Training (UPT) position. Applicants must complete AMS and enter undergraduate flying training before reaching age 27 1/2. Those individuals interested in applying, please contact SMS Norman or SSG Odom of the CBPO, Ext. 381/-310 for further details. Deadline for submission of applications is 1 July 1985.

Applications for State Tuition Assistance for the Summer Session must be submitted no later than April UTA. This is for courses beginning 15 May and beyond. Applications can be obtained from MSG John Rollings, Base Career Advisor, O&T Bldg, Rm 24.

The Audiovisual Services Section is conducting Projectionist training classes on a continuing basis on UTA weekends. Instruction is given in 16mm film projection and videotape playback equipment. All sections which require this type of equipment for training purposes should have at least one qualified projectionist. To schedule individuals for the projectionist training class, contact MSG Flournoy or TSG Marshall, Ext. 342.

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All individuals who require the Sony 3/4 inch U-Matic video player and color monitor for training purposes should schedule the use in advance through the base Audiovisual Services Section. Call MSG Flournoy or TSG Marshall, Ext. 342.

The next meeting of the Virginia Air National Guard Retiree's Association will be Wednesday, 17 April, at 1930 in the Club 149.

April showers bring slippery roads

Now that the threat of snow and ice on Virginia's highways is over for the season, you probably think hazardous, slippery conditions are reduced to a minimum. Well, think again. A hydroplaning automobile, that is, an automobile traveling at sufficient speed to skim over a thin sheet of water, is as hazardous and deadly as an automobile driven on ice.

April showers bring May flowers, and they also cause wet pavements, soft shoulders, reduced visibility, mud splattered lights, and windshields. Stopping distances are lengthened on slippery roads, and a hazard is created by even a little rain. The rain water mixes with oil and grease residue and creates a slippery film on the road. As the amount of rain increases this film is washed away.

Our initial approach to driving in rain is to slow down. Turn on the lights of your automobile so that you may be seen by other motorists. Allow a little more time to reach your destination.

You can't drive safely if you can't see. So be sure your windshield wipers are in proper working condition. Replace worn or cracked blades immediately, and keep the blade clear by wiping it with a cloth or paper towel.

Remain as much as possible in the center of your lane. Stay clear of the center line, which are extremely slippery when wet. The center of the lane may be rich with oil residue, so allow your wheels to straddle this area.

Another hazard associated with April showers is "wet brake shoes and pads." Before you need to stop suddenly, apply your brakes several times and allow sufficient stopping distance to prevent a collision.

Don't forget to watch out for potholes that show up this time of year, and you will be on your way to maximum spring time driving enjoyment.

Consumers should know

NATIONAL CONSUMERS WEEK
APRIL 22-28, 1985



**Hassles With Your Boss
Over Time Off
For Military Training?
YOU'RE NOT ALONE!**

Here are some quick tips which might help:

1. Don't pull surprises at the last minute. Let the boss know in advance when you'll be gone.
2. Let the boss know how important your military duty is to you and to the nation.
3. Use your military skill training on your civilian job. And demonstrate the leadership and responsibility you gain from unit participation.
4. Thank your boss for considering. A little bit of courtesy goes a long way.
5. If you have problems, try to work them out with your boss personally.

But if you need help, contact your unit commander.

Also standing by to help are your State and National Committees for Employer Support of the Guard and Reserve.

Fire prevention is always our business

This is just a reminder that fire prevention is always our business.

The following item appeared in the December 16, 1985, Ann Landers Column in the Boston Globe:

Dear Ann Landers:

While motoring through North Carolina recently we stopped at a small hotel and found a rather unsettling message on our pillow. I believe it is worth sharing.

-From LA

INSTRUCTIONS TO GUESTS PREPARING TO SMOKE IN BED:

1. Call the office and notify the management as to where you wish your remains to be sent. It is a matter of record that 42 percent of hotel and motel fires are caused by this careless practice.
2. Notify guests in adjoining rooms of your intention of endangering their lives so they can take the necessary precautions to protect themselves.
3. Go to the corridor and locate the nearest fire escape, so that if you are fortunate enough to escape your room, you may reach safety.
4. Now sit down and think how foolish it is for you to take this risk - you may enjoy your smoke while thinking it over.

Smoking in bed applies to Savannah PFTS as well as in motels. Fire prevention is our business and we need your help. We hope you will take this with you on your trip as a reminder that this short message was headed by you.

On the supply side

Zero overpricing program

The purpose of the zero overpricing program is to eliminate overpricing of Air Force acquisitions.

All ANG personnel should become involved in the more effective use of funds available for Air Force assets. Reasons for overpricing includes the following:

1. Excessive priority request.
2. Too rigid specifications.
3. Repetitive small quantity purchases of the same item.

Overpricing usually falls in two categories:

1. Payment of higher price for an item when a less expensive alternate is available, or can be locally made.
2. Payment in excess of prices for items which are available on the local market.

All AF users must be alert for apparent overpricing of commodities received within their respective sections. When overpricing is suspected, obtain as much information as possible. Next complete the overpricing form available within your organization and forward to the customer liaison office within base supply.

Any questions about the overpricing program should be directed to SMS Melvin O. Sirles, Ext. 350 or SSG Dorothy Tatem, Ext. 367.

April UTA

Dining Hall Menu

SATURDAY LUNCH

Salad Bar
Baked Flounder Fillets
Scalloped Potatoes Buttered Peas
Corn Bread
Chilled Pear Halves
Milk, Fruit Drink, Coffee

SUNDAY LUNCH

Salad Bar
Roast Turkey with Gravy
Mashed Potatoes Buttered Corn
Hot Biscuits
Devil's Food Cake
Milk, Coffee, Fruit Drink

Savannah, ORI and chemical warfare gear combine to cause heat stress

By MSG L.P. Dutton

Heat stress occurs when the human body attempts to adapt, or compensate, for elevated environmental temperatures. Factors that contribute to heat stress are the stresses caused by workloads, dehydration, and fatigue.

Environmental factors that influence the way in which the body compensates are the air temperature, the temperature of surrounding objects, the relative humidity, and air movement. In warm environments one of the principle methods of eliminating heat from the body is by the evaporation of sweat from the surface of the skin. This method works best when the relative humidity is low and there is a good breeze. This works the least when the humidity is high and there is little or no air moving.

When the humidity is high and there is little or no wind, the body will attempt to produce more sweat to try to eliminate the excess heat. This causes an increased loss of water and salt from the body that can possibly result in heat cramps, heat exhaustion, and heat stroke (or sun stroke). The rate at which water is lost from the body as sweat in a warm environment is approximately 1 quart per hour (NOTE: There have been known cases of persons losing up to 2 quarts per hour.)

The following are definition and signs or symptoms of heat illnesses/injuries:

1. HEAT CRAMPS - Painful cramps usually in the arms, legs and/or abdomen. The primary cause is excessive loss of salt from the body. The person's temperature is usually normal. This can occur by itself or in the presence of heat exhaustion.

2. HEAT EXHAUSTION - This is characterized by profuse sweating, headache, a tingling of the limbs, a pale appearance, shortness of breath, nausea, vomiting, trembling, weakness, and/or mental confusion

ranging from feeling "groggy" to passing out. The skin appears pale, cool, and moist and the body temperature is usually near normal. This condition is believed to be caused by salt and/or water depletion.

3. HEAT STROKE - A true medical emergency. The early signs and symptoms of heat stroke could be a headache, "not feeling well," or feeling warm. The onset of heat stroke is sudden with the person passing out, convulsions, or becoming delirious. The appearance of the skin is hot, dry, and flushed. The body temperature is high. (NOTE: In heat stroke, the mechanisms of the body that control the heat balance have broken and are no longer working.)

The following are basic treatments for these heat illnesses/injuries:

1. HEAT CRAMPS - This is treated by replacing salt that has been lost from the body.

2. HEAT EXHAUSTION - Remove to a cool place, provide water to drink if the person is conscious, allow to rest, and contact medical personnel to evaluate, especially if very weak or very ill appearing.

3. HEAT STROKE - Remove to a cool place immediately, remove excess clothing immediately, if possible spray the person's body with cool water, contact medical personnel immediately for medical treatment.

The best treatment for heat illnesses/injuries is to try to prevent them in the first place. The best methods are to be in good physical shape, nutrition, and hydration.

As indicated earlier, the body uses water (or sweat) to lose heat by evaporation. When wearing CW ensembles and/or performing heavy work, persons can require 9 to 13 quarts of water per day to replace

these losses.

To replace salt in the body, use some extra salt to season your food. The use of salt tablets are not recommended as they can upset the digestive system. (NOTE: Field rations contain a very high salt concentration. If field rations are used, persons should drink extra water to compensate.)

A person's physical condition is affected by many factors including: (1) intake of alcohol, (2) lack of sleep, (3) dehydration, (4) being overweight, (5) some types of medications, (6) pre-existing medical conditions, (7) older age, and (8) being in poor physical condition to begin with.

Other methods of preventing heat illnesses/injuries are to (1) try to acclimate personnel to the climate (if time permits), (2) adjust work schedules based upon workloads, time of day, is the job in direct sunlight or not, work-rest periods, and (3) if possible, protect the person from the environment (example: prevent sunburn).

The use of chemical warfare ensembles and masks tend to magnify problems with heat stress (i.e., when wearing it, heat stress can occur at lower temperatures than normal). In CW training, you are taught to use a "Buddy System" in putting your equipment on. Use this same system to watch each other for signs of heat stress (heat cramps, heat exhaustion, or heat stroke).

In summary, some of the ways to help prevent yourself from becoming a heat casualty are: (1) adequate hydration, force yourself to drink plenty of water, (2) adequate salt replacement, (3) proper nutrition, eat at least breakfast, lunch, and supper, (4) be in good physical condition, (5) pace yourself, the faster you work in a warm environment, the hotter you can get (especially when wearing a CW suit and mask).

Daylight-Saving Time Begins

April 27
at 2 a.m.



Officer applications being accepted

The CBPO is currently accepting applications from individuals who are interested in obtaining a commission in the unit. The 192d TFG Commander's policy for filling vacant non-rated/non-professional positions within the unit is that a pool of applicants be established at the beginning of each fiscal year (1 October). The pool will consist of 6 individuals. These 6 individuals will be selected from all applications received, and those who meet the necessary qualification requirements. Individuals who are placed in the pool are reminded that should they not be selected for a vacant position during the year, they must reapply the following year. They are not automatically retained in the pool at the beginning of the new fiscal year. Some of the basic requirements for a commission are as follows:

1. **AGE:** An applicant must be less than 35 years old at the time of commissioning as an ANGUS officer. No waiver will be considered.
2. **EDUCATION:** A bachelors degree is desired. Waivers of education will be considered. Requirements for a waiver will be explained to you in detail by a CBPO representative.

3. **TEST REQUIREMENTS:** All applicants must take the Air Force Officer Qualifying Test. If you have previously tested, your test scores cannot be more than 2 years old. If so, you must retest. Please contact the CBPO immediately to schedule a time. Required qualifying score requirements will be explained by a CBPO representative. Those individuals interested in becoming officers in the VaANG must contact SMS Norman or SSG Odom of the CBPO, Ext. 381/310. Deadline for submission of application is 1 July 1985. Applications received after that date will not be considered.

New educational assistance effective 1 July

Public Law 98-525 implemented the Veterans Educational Assistance Act of 1984 or the new "GI Bill." This program is effective for all military personnel who meet eligibility requirements between 1 July 1985 through 30 June 1988.

The G.I. Bill will pay for 36 months of assistance when enrolled in an approved institution of higher learning. Officers and enlisted members who do not already have a college degree or it's equivalent, or have a high school diploma or GED, are eligible. Also, technicians and AGR members are eligible. Any member who otherwise qualifies is entitled, regardless of AFSC. Members currently utilizing the Vietnam Era Bill or the VEAP Program are not eligible.

The requirements to receive the entitlement are: members currently serving must commit, on or after 1 July 1985, to serve in the ANG for at least six years. Members must complete IADT (Initial Active Duty Training) and at least 180 days concurrent service before being eligible to receive benefits. Members starting IADT prior to 1 July 1985 and completing IADT after 1 July 1985 are eligible once IADT and 180 days concurrent service are completed. Members in this category must agree to serve 6 years on or after 1 July 1985. You must be training at an approved institution of higher learning for a college degree or it's equivalent. (This is not restricted to state school attendance). Also, enlisted members beginning IADT on or after 1 July 1985 are eligible; however, members enlisting/committing prior to 1 July 1985, but beginning their IADT on or after 1 July 1985 must agree to serve six years after 1 July 1985 in

order to receive entitlement.

Members already serving in the ANG prior to 1 July 1985 are eligible provided they agree to extend or reenlist on or after 1 July 1985 so they can serve six years. Separation for immediate reenlistment for the purpose of qualifying for the G.I. Bill may be accomplished regardless of time served on present contract. Officers must agree to serve at least six years after 1 July 1985 in addition to any other period of obligated service.

Full-time attendance will be paid \$140.00 per month, 3/4-time \$105.00 per month and 1/2-time \$70.00 per month. School attendance criteria to qualify for full-time, 3/4-time, or 1/2-time will be determined by the Veterans Administration (VA) who will also administer the program and pay benefits.

The Bonus Program will continue as it currently exists, except the Educational Assistance option will be discontinued on 1 July 1985. Starting 1 July 1985, the only enlistment bonus will be the cash bonus. If you are currently receiving an educational assistance bonus, you will continue to receive payments after 1 July 1985.

A members entitlement to the new G.I. Bill will be discontinued if they do not continue to be satisfactory participants in the ANG and make satisfactory scholastic progress. Entitlement expires ten years from date member becomes eligible or until entitlement is exhausted. Anyone having questions pertaining to the G.I. Bill should contact MSG John Rollings, BCA, Rm 24, O&T Bldg, or call Ext. 436. No applications can be submitted prior to 1 July 1985.

State tuition assistance increases

The General Assembly has granted additional funding for FY 85-86 for the State Tuition Assistance Program. This increase has made it possible to expand the limits previously established. The amount paid will still be for one-half the tuition only, not to exceed:

\$300.00 per term, quarter or semester (formerly \$250.00).

\$600.00 per state fiscal year (formerly \$500.00).

\$2,400.00 per student total participation (formerly \$2,000.00).

Recent Federal regulations have

established federally funded programs, which preclude certain categories of personnel from participating in the state or any other grant programs. For this reason, Tuition Assistance Review Board at it's 5 March 1985 meeting voted to exclude the following from those eligible to participate in the State Tuition Assistance Program:

1. All Officers.
2. All SMP Cadets.
3. All AGR personnel.

If there are any questions, please contact MSG John Rollings, Ext. 436.

UTA and AFT attendance required by law

The Virginia National Guard operates under a policy in regard to Annual Field Training and Unit Training Assembly required attendance.

Virginia Military Law, effective 1 April 1984, permits the arrest and confinement of persons who:

1. Fail to report to Annual Training.
2. Having reported, thereafter, are absent without leave.
3. Fail to report for scheduled inactive duty training.

This law provides that offenders shall be taken into custody (arrested) by military personnel of the Virginia National Guard, or by any State Police Officer or any local law enforcement officer listed in Section 44-50 of the Code of Virginia of 1950, as amended, upon a warrant issued after hearing, by a summary court-martial officer.

All unit members are reminded that failure to report for specified duty or failure to notify their supervisors in a timely manner (NLT day/-hour you are ordered to report for duty) will result in you being considered in an AWOL status and subject to the arrest procedures referenced above. Once you are considered AWOL from duty, you will be subject to immediate demotion actions. It cannot be overstressed, the importance of notifying your supervisor/commander if you are not able to report for duty as directed.

The procedures listed above are also applicable to individuals who are scheduled for Equivalent Training (EQT's), Scheduled Unit Training Assemblies (SUTA's) and Rescheduled Unit Training Assemblies (RUTA's).

Don't become a victim of this law - remember, communicate - keep your supervisor/commander advised at all times.



Military courtesy

By CMS Herbert L. Buttner

With the forthcoming ORI and the visibility that this unit will receive, now is an appropriate time to review some of the basics of military life. The salute, and use of titles will be addressed in this article.

****THE SALUTE** - There is no finer form of courtesy for denoting mutual respect among servicemen than the salute. It is the symbol and the sign of the military profession; it is the distinguishing mark of the well-trained and well-disciplined airman. Airmen who proudly salute display the right spirit and can usually be counted on to perform their duties in the same spirit.

Unfortunately, there are many who misinterpret the true meaning of the salute. They regard it as an acknowledgement of inferiority. Nothing is further from the truth. The military salute is a respectful salutation exchanged between two members of the same honorable profession. As an everyday courtesy, it is one of the traditions which bind military personnel together, regardless of their rank or stature.

****TITLES** - The correct use of titles is another important act of military courtesy. It shows respect for both the individuals and his or her grade. It is important that you observe some basic rules of military courtesy in addressing seniors and subordinates.

In oral and informal communication

the correct use of military titles differs somewhat from the forms employed in official written communication.

Airmen (senior airmen, airmen first class, airmen, and airmen basic) are addressed by their full title (for instance, "senior airman" or "airman"). Again use of the full title is necessary in official communications.

For example: All generals are addressed as "general." Likewise, call a lieutenant colonel "colonel" and first and second lieutenants, "lieutenant." The full title is used only in official correspondence.

A chaplain is addressed in writing as "chaplain," however, he may be addressed orally by his civilian title, for example, father, reverend, rabbi, doctor, etc.

Female officers are addressed by their military title and are entitled to the same salute accorded male commissioned officers.

Chief master sergeants are addressed as "chief master sergeant" or "chief," except in official correspondence, when the full title is used.

Noncommissioned officers below the grade of chief master sergeant are addressed by their full title, (for instance) "senior master sergeant" or "sergeant," except in official communication when the full title is used.

Equal Opportunity Recruitment Program

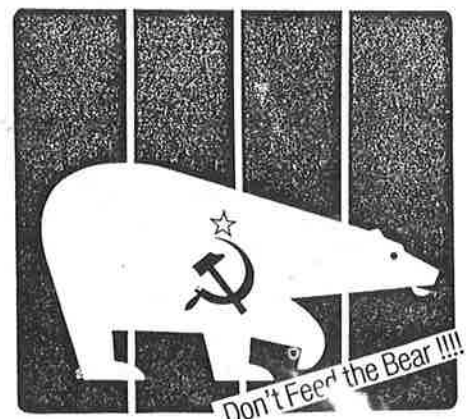
The Virginia National Guard is in the process of developing a Federal Equal Opportunity Recruitment Program (FEORP) file to be maintained in the EEO Office. This file will be used in an effort to increase minority and female participation in the full-time employment arena, technician and AGR, of the Virginia National Guard.

If you desire to have your name placed in the FEORP file, you may pick up an Equal Opportunity Recruitment File Card from the Admin Office, and return it to the following address:

The Adjutant General of Virginia
ATTN: VASP-E
501 E. Franklin Street
Richmond, Virginia 23219-2317

Questions regarding the FEORP file should contact MAJ Eric Page, Equal Employment Manager, 804/344-4229.

OPSEC



PROTECT OFFICIAL INFORMATION

Apply OPSEC

Contamination Control Area, CCA, Apple Orchard they are all one in the same

During the ORI at Savannah, personnel will be processing through the Contamination Control Area. This will occur only after the unit has experienced an attack and testing by the Disaster Preparedness Mobility Team confirms the presence of contamination. Personnel will report to the CCA for processing once they are released by their sections. Upon arrival at the CCA you must decide whether to process down the expedient line or the detailed line. A decision there is provided to help you with your decisions. At Savannah, during the ORI, our testing using the simulated M8 paper or M9 tape will always be negative unless an inspector tells us otherwise. For example, even though you were caught outside during an attack and contamination is confirmed by the DMPT, when you test yourself using the M8 and M9, the test results will be negative. The same applies to spot decontamination. We will test the spot using the simulated M8 paper, but the test will always be negative unless the inspector tells us otherwise.

Therefore, everyone processing through the CCA should process down the expedient line unless told otherwise. The following steps are what is required to process down the expedient line. Please be familiar with these steps. They will reduce the processing time if you know what to do and don't have to wait to be told by the CCA attendant.

1. Processing in:

a. Dispose of all throw-away/waste material prior to entering the CCA.

b. Enter the LHA after processing through the shuffle box.

(1) Step into box.

(2) Shuffle feet and use long-handled brush to get dirt decontamination onto boot covers and lower portions of pant legs.

(3) Brush/knock away excess dirt/decontamination and exit shuffle box.

(4) Pickup trash bag.

c. Proceed to the initial decontamination tray:

(1) Remove/store redeemable items (helmet, tools, side arms, checklists, and so forth) in plastic bags.

(2) Dust hood with decontaminant.

(3) Assistant will use brush or cloth to remove excess decontaminant from hood.

d. Proceed to undressing area. Wash gloves in decontaminant.

e. Remove boot covers:

(1) Unfasten ties and Velcro on overgarment pant legs.

(2) Loosen pant leg zippers only far enough to reach laces on covers.

(3) Untie and remove boot covers. Hang them on storage rack. Place in plastic bag.

(4) Wash gloves in decontaminant.

(5) Untie and loosen boot laces. DO NOT REMOVE COMBAT BOOTS.

(6) Wash gloves in decontaminant.

f. Unfasten all other zippers, snaps, and ties on the ensemble.

(1) Loosen underarm straps on the hood. Assistant will roll (or fold) skirt of hood to form a "cup," cross the straps behind the individual's neck and refasten the Velcro tabs to the front of the hood.

(2) Unfasten the three snaps on rear of individual's ensemble.

(3) Loosen hood drawstring.

(4) Carefully lift front of hood, unsnap all snaps on the ensemble jacket starting at the top and working down.

(5) Wash gloves in decontaminant.

(6) Assistant will hold up front of jacket while individual loosens snaps and zipper on ensemble pants. Exercise care not to touch fatigues.

(7) Wash gloves in decontaminant.

g. Remove ensemble pants and combat boots at same time. Simulate removing combat boots.

(1) Unzip leg zippers of ensemble pants.

(2) Remove ensemble pants and boots together. DO NOT REMOVE PANTS OVER THE BOOTS.

NOTE: DO NOT PUT BARE FOOT ON FLOOR. DON TUBE SOX BEFORE PUTTING FOOT DOWN. Tube sox will be submitted.

(3) Place in plastic bag.

(4) Wash gloves in decontaminant.

h. Remove ensemble jacket:

(1) Knock/rub excess decontaminant from gloves.

(2) Unzip front of ensemble jacket completely.

(3) Assistant will remove jacket by grasping outside surface of lapels, pull the jacket off the shoulders and down arms so that jacket is turned out. Do not move to fast and exercise caution so the elastic in cuffs does not snap off at the wrists/hands.

(4) Hold hands up and out away from body. Assistant will place in plastic bag.

i. Proceed to liquid/vapor transition point.

j. Step into shuffle box and shuffle feet.

k. Remove rubber gloves. LHA attendant will remove gloves slowly, turning the gloves inside out. Exercise care not to touch the individual's wrist while removing the gloves.

l. Remove mask/hood:

(1) Attendant will loosen hood zipper and Velcro tab.

(2) Attendant will carefully pull up hood skirt starting with rear portion and hold it together with front portion.

(3) Take several deep breaths, hold breath, and close eyes tightly.

(4) Attendant will carefully remove mask. Keep eyes closed and hold breath.

(5) Holding on to guide, keeping eyes closed, and holding breath as long as possible, walk to clean area for change of clothes, shower, and so forth. Proceed to shelter/rest area.

NOTE: All personnel upon entering the shelter will register/sign in. Personnel should rest, eat and/or drink for the time prescribed.



Dress and appearance of ANG personnel

A recent incident involving ANG personnel traveling via commercial air transportation requires clarification of uniform wear while traveling. Members traveling on DOD-owned (Cat M) or controlled aircraft, including Military Airlift Command contract charter flights (Cat B), are required to wear a uniform whether leaving from a military or civilian terminal. Any authorized uniform (a service uniform not a utility uniform) is permitted, but members must be prepared to comply with local uniform policies on arrival at their destination. Uniforms are not required for official or unofficial travel on commercial airlines. However, if the member elects to wear the uniform, it must be the service dress for men, or service dress or maternity smock (if appropriate) for women. Rules for commercial travel exclude Military Airlift Command contract flights or travel to and from work.

For further guidance comply with AFR 35-10, Dress and Personal Appearance of Air Force Personnel (modified by ANGR 35-10).

AFT INFORMATION SAVANNAH ADDRESS FOR PERSONAL MAIL

(RANK) (NAME)
192TFG, VaANG
(SECTION)

CHECK-IN BARRACKS ASSIGNMENT

Everyone reporting to Savannah must process thru Bldg 337 (Hq Bldg) for barracks assignment and linen issue. If you plan to stay off base, you must still process upon arrival for payroll accountability. Bldg 337 will be open 0900-2000.

AFTS DINING HALL HOURS

0400-0700 - Breakfast
1000-1400 - Lunch
1800-2100 - Dinner

AFTS SERVICE STATION HOURS

0700-1530

Air Force Assistance Fund

During the April UTA, representatives from each Squadron will begin soliciting contributions for the Air Force Assistance Fund. AFAF is actually an umbrella campaign which supports the fund raising efforts of three programs.

The Air Force Enlisted Men's Widows and Dependents Home Foundation, Inc., has 113 apartments and 9 houses in Fort Walton Beach, Florida. Widows and widowers of retired enlisted members are eligible to apply for residency.

The Air Force Village in San Antonio, Texas, provides limited housing for widows and widowers of retired Air Force, Air National Guard, and Air Force Reserve officers.

The most widely-known of the three charities is the Air Force Aid Society. AFAS provides emergency financial assistance to active and retired members, and Reserve and Guard members, while they are on active duty.

Last year, the Virginia Air National Guard contributed \$2,179.24. That made us the top contributor, per capita, of all Air Guard units in the country. This year's goal is \$2290.

Within the next 2 months, each member will be contacted by a key worker who will be soliciting contributions. Please remember that these organizations are there to serve us --- ALL OF US!

VaANG 10K Run for Special Olympics

The Virginia Air National Guard is going to sponsor a 10K (6.2 miles) race on 18 May 1985 for the benefit of the Special Olympics. The entry fee is \$6.00 and participants are encouraged to collect donations for each kilometer completed. The race will begin at 0900 and at its conclusion, there will be refreshments as well as a drawing for prizes. Entry blanks are in this issue of the VANGUARD. COL Coke is asking all supervisors to allow liberal EQT policy to ensure maximum unit participation. If you don't use the application, please pass it on to someone else. Entry blanks will be available soon. Volunteers are needed to help administer the race. Interested individuals should contact SMS Brooks on Ext 319. Let's support the Special Olympics as well as the 192d TFG.

**Professional
Secretaries Week
April 21-27**

COMMISSARY PRIVILEGES: For those who submitted requests as directed, orders will designate commissary agents. Only the agent's name appearing on the orders will be admitted to the commissary and base exchange. A copy of the order and proper identification should afford commissary privileges to those designated at any military commissary.

COMMISSARY HOURS

	<u>BELLWOOD</u>	<u>FORT LEE</u>	<u>LANGLEY AFB</u>	<u>FT EUSTIS</u>
Monday	CLOSED	CLOSED	CLOSED	CLOSED
Tuesday	1000-1800	0900-1800	0900-1800	0930-1830
Wednesday	1000-1800	0900-1800	0900-1900	0930-1700
Thursday	1000-1800	0900-1800	0900-1900	1100-2000
Friday	1000-1800	0900-1800	0900-1900	0930-1700
Saturday	0830-1530	0900-1600	0900-1700	0830-1530
Sunday	CLOSED	CLOSED	CLOSED	CLOSED

BASE EXCHANGE HOURS

Monday	CLOSED	1100-1900	1000-1800	1000-1800
Tuesday	1000-1700	1000-1800	1000-1900	1000-1800
Wednesday	1000-1700	1000-1800	1000-1800	1000-1800
Thursday	1000-1700	1000-1800	1000-1800	1100-2000
Friday	1000-1730	1000-1800	1000-1800	1000-1800
Saturday	0830-1530	1000-1630	1000-1630	1000-1630
Sunday	CLOSED	CLOSED	1100-1600	CLOSED

WHEN: May 18, 1985, Byrd International Airport. Race starts at 9:00 A.M.

CATEGORIES: Men & Women: 19 & under, 20-29, 30-39, 40-49, 50-59, 60 and over.

MILITARY TEAM COMPETITION: Each team must be comprised of at least 5 but not more than 7 military members. The fastest 5 team members will determine that team's eligibility for an award. To register a team, all applications must be mailed together with a \$6.00 entry fee for each person. In addition, each member of the team will be eligible to win an award in their respective age category. All team entries must be postmarked by May 13. Be sure to place your team name on the application.

AWARDS: Placques for top 3 male/female overall finishers. Awards presented to top 3 male/female finishers in each age category. Free T-shirts to the first 100 entrants. Free sun visor to all race finishers.

RANDOM DRAWING PRIZES: Eastern Airlines will give away 2 free round-trip economy-class tickets to any of the 131 cities served in the U. S. This and many more valuable prizes will be awarded to race entrants by a random drawing.

DIRECTIONS: The base can be reached from Richmond by taking the Exit 47-A off east I-64 to Williamsburg Road, (U.S. 60), drive east to Beulah Road in Sandston, and south on Beulah Road about a mile to the base entrance on the right. Watch for the 10-K Special signs.

REGISTRATION: Runners may pre-register by returning the form below to: VaANG 10-K Special, P O Box 297, Sandston Va 23150-0297. Make checks payable to VaANG 10-K Special. Pre-registration postmarked not later than May 13 will be \$6.00. All entries received after May 13 and those on race day will be \$8.00. Race day registration starts at 7:30 A.M. to 8:30 A.M. Register early due to limited T-shirt sizes.

INFORMATION: SMS Gary Brooks, Race Director (804-222-8884), P O Box 297, Sandston, Va 23150-0297

Cut along dotted line and send your completed application form and check to:

LAST NAME												FIRST NAME												INITIAL		[REDACTED]	
AREA CODE				PHONE NO.								SEX M F		AGE ON RACE DAY		T-SHIRT S		M		L		XL					
MAILING ADDRESS																											
CITY																		STATE				ZIP CODE					



WAIVER: I enter this race at my own risk. In consideration of the acceptance of my application, I -- for myself, my heirs, executors, administrators and assigns -- waive, release and discharge any and all rights and claims for damages that I may have or hereafter may accrue to me or my equipment against the following organizations as a result of my being allowed to enter the Virginia Air Guard 10-K Special on May 15, 1984: Special Olympics of Virginia, the Virginia Air National Guard, Eastern Airlines, Air Force Association Richmond Chapter 243, Hub Uniform Co. of Virginia, Inc., Richmond Road Runners Club and all other sponsors, volunteers, participants and supporters of the event. As a further consideration, I hereby grant permission to any of the foregoing organizations to publish or otherwise use for promotion purposes my likeness, name and completion time, if any. I attest that I am physically fit to participate in this run and that my medical condition has been verified by a licensed medical doctor. I have read the above conditions and accept them as shown by my signature.

Signature _____
Parent's or Guardian's
Signature if Under 18 Years Old _____

